

Polish MTB XCO UCI C3 Cup 2022 Technical Guide



POLISH MTB XCO UCI C3 CUP

“RACE FOR THE PEARL OF POLISH SPA RESORTS”

KRYNICA-ZDROJ 23rd April 2022

1. Organizing Body

Fundacja Klub Kolarski Agnieszka Skalniak

Zegiestow 111 A

33-370 Muszyna

Taxpayer ID no.: 7343540254

www.klubskalniak.pl

2. Race Director

Barbara Skalniak

Phone: +48 509 758 884

Email: basia.skalniak@wp.pl

3. Terms and Conditions

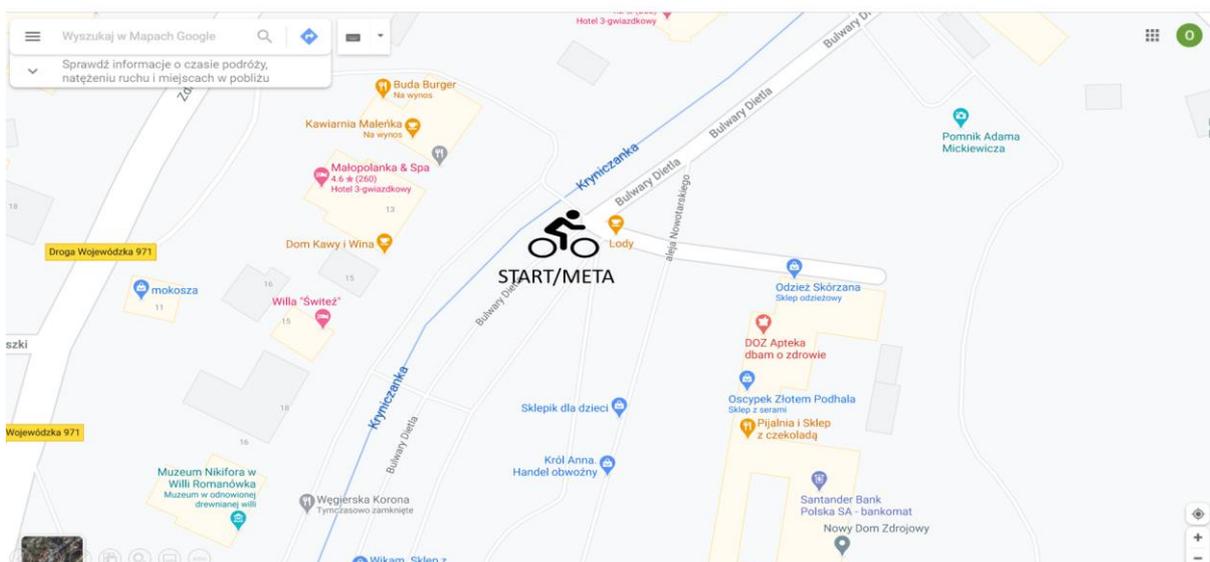
The race is organized in accordance with UCI regulations, Polish Cycling Federation regulations as well as provisions stated herein.

4. Race Location

Bulwary Dietla (Promenade)

33-380 Krynica-Zdroj

49°25'09.5"N 20°57'26.5"E

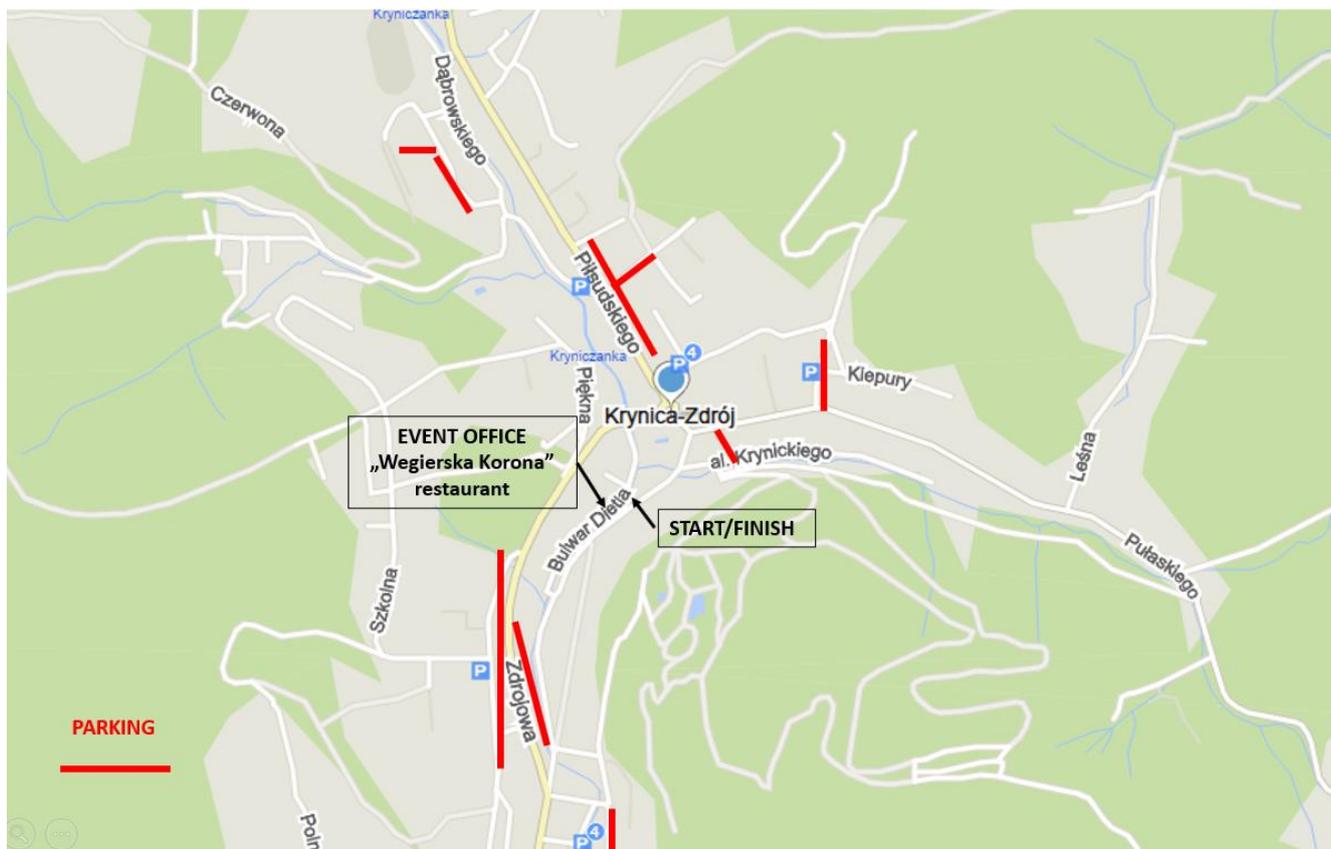


5. Date of the Race

23rd April 2022 (Saturday)

6. Event Office and Parking

Friday: Bulwary Dietla 18, 33-380 Krynica-Zdroj (Wegierska Korona restaurant)



Saturday: Bulwary Dietla 18, 33-380 Krynica-Zdroj (Wegierska Korona restaurant)

7. Accommodation

Organizers recommend:

Apartamenty Renesans

Zdrojowa 6

33-380 Krynica-Zdroj

Phone: +48 18 471 61 36

www.hotelrenesans.eu

Accommodation offers are presented at the end of the document.



Hotel Klimek *SPA**
Zlockie 107
33-370 Zlockie
Phone: +48 18 477 82 22
www.hotelklimek.pl



Hotel Muszyna ***
Zlockie 103
33-370 Zlockie
Phone: +48 18 471 49 17
www.hotelmuszyna.pl



Agroturystyka w Dolinie
Zegiestow 111 A
33-370 Muszyna
Phone: +48 509 758 884
www.agroturystykawdolinie.pl



Willa Władysław
Pilsudskiego 24 A
33-380 Krynica-Zdroj
Phone: +48 18 471 54 78
www.willawladyslaw.pl



Nestor
Lipowa 4
33-370 Muszyna
Phone: +48 18 471 40 29
www.nestormuszyna.pl



NESTOR
Centrum Rehabilitacji PZP

Additional point of contact for accommodation inquiries: Barbara Skalniak, phone: +48 509 758 884

8. Polish XCO Cup Age Categories

Category	Year of Birth	Age
Women U13	2010 – 2011	11 – 12 yo
Women U15	2008 – 2009	13 – 14 yo
Women U17	2006 – 2007	15 – 16 yo
Women Junior (UCI C3)	2004 – 2005	17 – 18 yo
Women Elite* (UCI C3)	2003 and older	19 yo and more
Women Masters	1992 and older	30 yo and more
Men U13	2010 – 2011	11 – 12 yo
Men U15	2008 – 2009	13 – 14 yo
Men U17	2006 – 2007	15 – 16 yo
Men Junior (UCI C3)	2004 – 2005	17 – 18 yo
Men Elite* (UCI C3)	2003 and older	19 yo and more
Men Masters I	1992 – 1983	30 – 39 yo
Men Masters II	1982 and older	40 yo and more
Men Amateur Open	2003 and older	19 yo and more
Women Amateur Open	2003 and older	19 yo and more

* There will be an additional classification for Under 23 category (YoB 2000 – 2003, 19 – 22 yo) in the races.

9. Registration

Online at <https://wynikizawodow.eu/zgloszenia> until 20th April 2022, 11:59 PM.

In the event office – for Masters and Amateur categories only:

Friday 22nd April 2022 from 03:00 PM to 06:00 PM

Saturday 23rd April 2022 from 07:30 AM to 08:00 AM

Enrolment confirmation and collection of identification numbers:

Friday 22nd April 2022 from 03:00 PM to 06:00 PM

Saturday 23rd April 2022 from 07:30 AM to 03:30 PM

10. Awards

Rank	Men Elite OPEN	Men U-23	Women Elite OPEN	Women U-23	Men Junior	Women Junior	Men U17	Women U17
1.	PLN 950* (EUR 200)	PLN 300	PLN 950* (EUR 200)	PLN 300	PLN 300* (EUR 65)	PLN 300* (EUR 65)	PLN 250	PLN 250
2.	PLN 700* (EUR 150)	PLN 200	PLN 700* (EUR 150)	PLN 200	PLN 250* (EUR 50)	PLN 250* (EUR 50)	PLN 150	PLN 150
3.	PLN 500 (EUR 100)	PLN 150	PLN 500 (EUR 100)	PLN 150	PLN 150* (EUR 30)	PLN 150* (EUR 30)	PLN 100	PLN 100
4.	PLN 350* (EUR 75)		PLN 350* (EUR 75)		PLN 120* (EUR 25)	PLN 120* (EUR 25)		
5.	PLN 250* (EUR 50)		PLN 250* (EUR 50)		PLN 100* (EUR 20)	PLN 100* (EUR 20)		
Total	PLN 2750	PLN 650	PLN 2750	PLN 650	PLN 920	PLN 920	PLN 500	PLN 500
Rank	Team Classification OPEN							
1.	PLN 500							
2.	PLN 300							
3.	PLN 200							
Total	PLN 1000							

For the remaining categories there will be in-kind prizes and vouchers.

* Financial prizes for UCI – Elite, Junior will be paid on the day of the races according to the average exchange rate EUR to PLN published by the National Bank of Poland on the day before the races.

11. The Order of Races

According to UCI and Polish Cycling Federation regulations as well as general provisions of the Polish Cup.

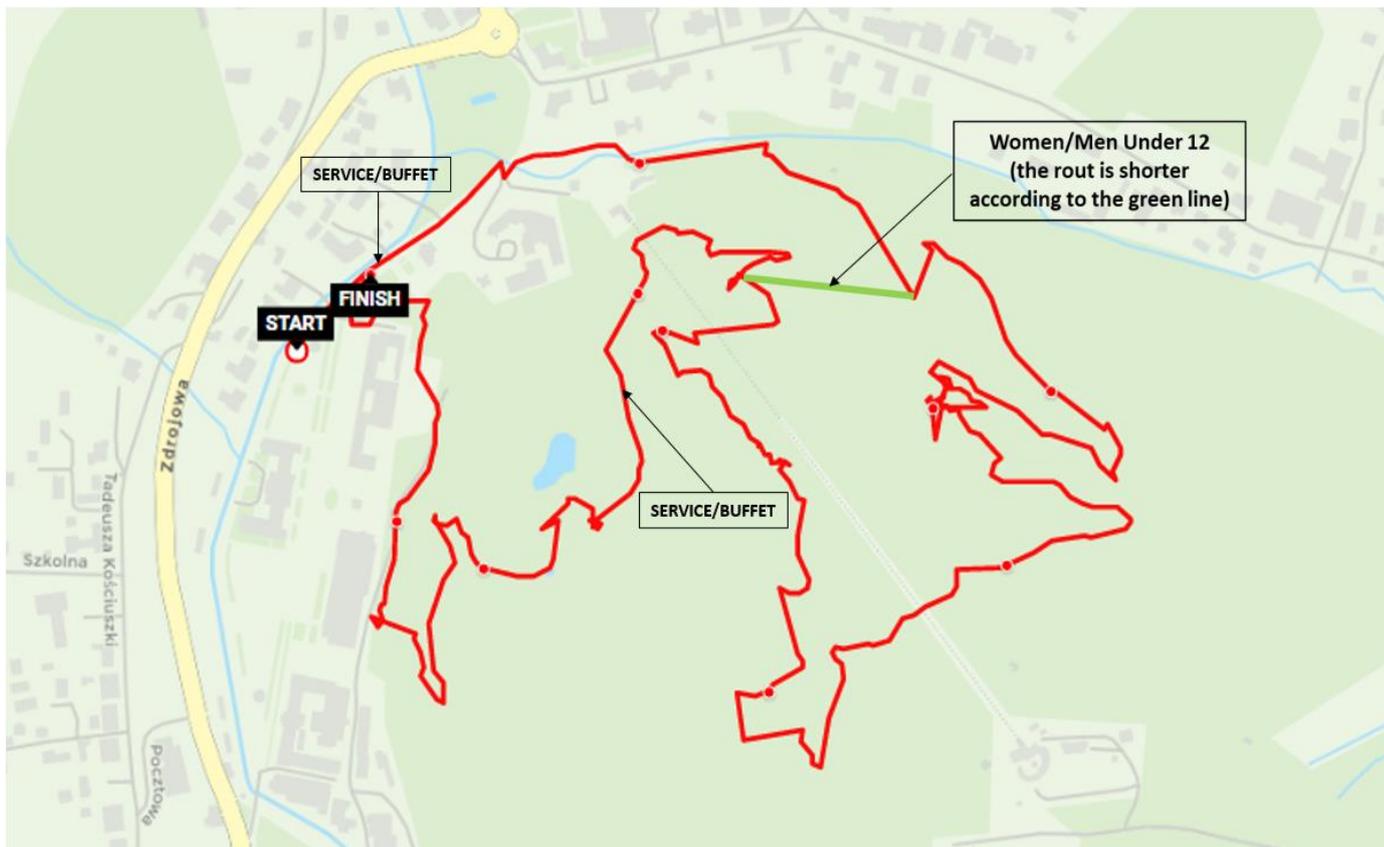
12. Penalties

According to UCI and Polish Cycling Federation regulations.

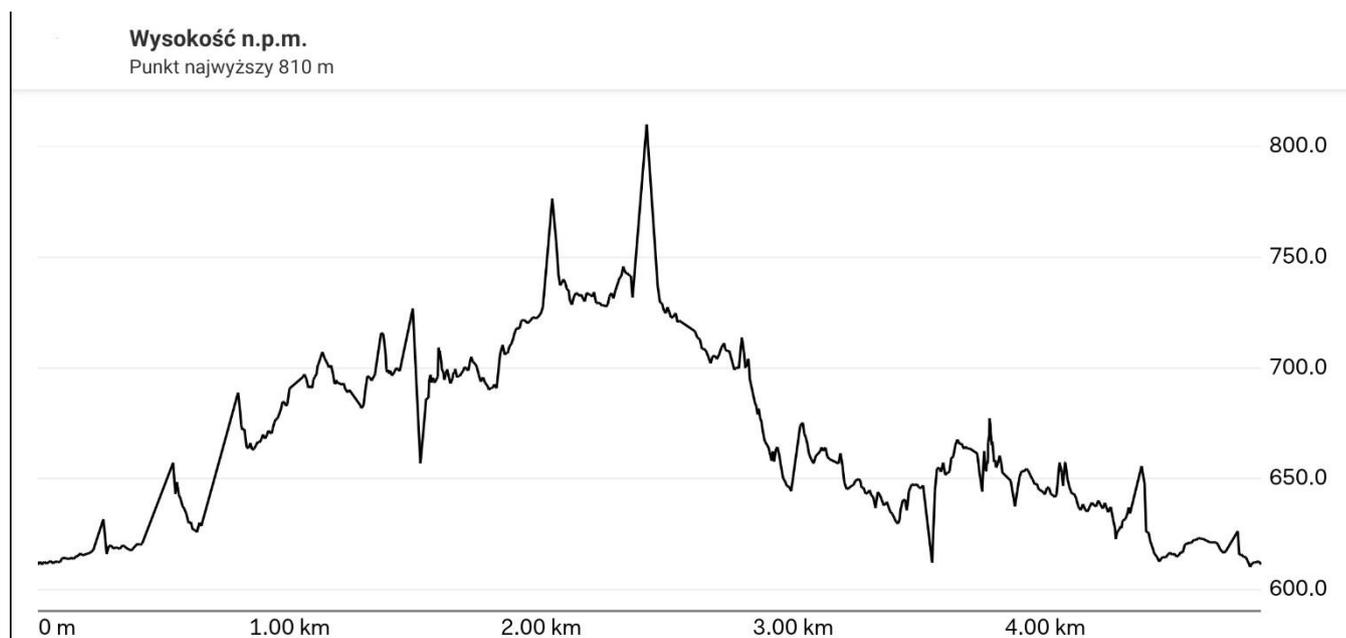
13. Map and Race Course Profile

Point of contact for race course inquires: Oliwier Martyna, phone: +48 728 810 719

GPX: <https://en.mapy.cz/s/kezugezazo>



* Technical assistance on the race course as defined in the regulations of UCI and Polish Cycling Federation.



14. Schedule

Day 1	03:00 PM – 06:00 PM		Enrolment/enrolment confirmation in the event office			
	04:00 PM – 06:00 PM		Training period on the defined race course			
Day 2	08:00 AM – 03:30 PM		Enrolment of additional participants in the event office, enrolment confirmation, collection of identification numbers		Deadline for enrolment and enrolment confirmation for each category	
	08:00 AM – 08:40 AM	08:15 AM	Training period on the defined race course	Technical briefing for the cup categories		
	08:45 AM		Masters/Amateur			08:30 AM
	10:30 AM		Men U17			09:30 AM
	11:45 AM		Women Elite / Women Junior / Women U17			10:45 AM
	01:30 PM		Men Elite / Men Junior			12:30 PM
	03:30 PM		Men U15 / Women U15			02:30 PM
	04:30 PM		Men U13 / Women U13			03:30 PM
	05:15 PM		Awards ceremony			

All riders and their coaches present on the race course during the official training periods must have their identification number displayed on the bicycle. This requirement also applies to non-licensed riders.

The awards ceremony will take place as per the race schedule on the stage located next to the Start/Finish zone. The following riders are obliged to attend the awards ceremony: the winners of the first five places in Women Elite and Men Elite, the winners of the first five places in Women Junior and Men Junior, the winners of the first three places in Women U-23 and Men U-23, Men Masters I, Men Masters II, Women Masters, Men Amateur Open, Women Amateur, Women Under 13, Men Under 13, Women Under 15, Men Under 15, Women Under 13, Men Under 13, as well as the winners of the first three places in teams classification Open and teams classification Junior. All riders shall be wearing competition clothing. Financial prizes will be paid in the event office.

15. Entry Fees

Age category	Entry fee paid online	Entry fee paid in the event office
LICENSED RIDERS		
Men Elite / Women Elite	PLN 50	PLN 75
Men Under 23 / Women Under 23	PLN 50	PLN 75
Men Junior / Women Junior	PLN 40	PLN 60

Men / Women U17	PLN 30	PLN 45
Men/Women U15 and Men/Women U13	PLN 20	PLN 30
Men Masters I / Men Masters II / Women Masters	PLN 60	PLN 90
NON-LICENSED RIDERS		
Men/Women Amateur Open	PLN 80	PLN 120

In order to obtain an invoice, please contact the organizers prior to making the payment:

* via email: basia.skalniak@wp.pl – for payments via bank transfer (after receiving the details required to issue the invoice, the organizers will send the invoice; the bank transfer shall be made based on the details included in the invoice)

* in the event office – for payments in cash

16. Hospital

Szpital im. dr. J. Dietla. SPZOZ
 Kraszewskiego 142
 33-380 Krynica-Zdroj
 Phone: +48 18 473 21 00

17. Anti-Doping Control

For each race within the Polish XCO Cup the riders may be requested to take an anti-doping test, in accordance with the regulations of UCI, Polish Cycling Federation, POLADA (Polish Anti-Doping Agency) and WADA (World Anti-Doping Agency). The location where anti-doping tests will be taken shall be communicated at the technical briefing.

18. Results

The results and classifications will be published on Polish Cycling Federation website (www.pzkol.pl), Polish XCO Cup website (www.pucharmtb.pl) as well as on timekeeping website.

19. Classifications and Points – in accordance with regulations of the Polish Cycling Federation

In accordance with the general provisions of the Polish MTB XCO Cup for 2022.



Team Classification OPEN		Team Classification Junior	
Age category	Ratio	Age category	Ratio
Men Masters I / Men Masters II / Women Masters	0.6	Women U13	0.5
Women U17	0.7	Women U15	0.6
Women Junior	0.8	Men U13	0.6
Women Elite	0.9	Men U15	0.7
Men U17	0.8		
Men Junior	0.9		
Men Elite	1.0		

UCI points:

Men Elite / Women Elite	Men Junior / Women Junior
10	20
6	18
4	16
2	14
1	12
x	10
	8
	6
	4
	2
	x

20. Airports

Airports nearby:

Rzeszów-Jasionka Airport (108 km)

Jasionka 942

36-002 Jasionka

www.rzeszowairport.pl

Krakow-Balice Airport (110 km)
Kapitana Mieczysława Medweckiego 1
32-083 Balice
www.krakowairport.pl

21. Safety

It is obligatory for all riders to use a protective helmet during every race and training session. Only riders holding a valid cycling licence and a valid medical certificate are allowed to participate in the Polish Cup race, as stated in Polish Cycling Federation regulations (there will be an additional race for Amateur category which will not be considered for the Polish Cup). Riders participate in races on their own responsibility. The organizers shall not be liable for any damage incurred or caused by the participants.

Accommodation offers for 21 – 24 April 2022

Accommodation offer I

Date: 21 – 24 April 2022 (3 days)

Single room: PLN 590

Double room: PLN 860

Triple room: PLN 1290

Apartment for 3 guests: PLN 1370

Apartment for 4 or 5 guests: PLN 1490

Breakfast and dinner included.

Accommodation offer I (3 days) includes discounted rate for the stay.

Parking space included.



Accommodation offer II

Date: 22 – 24 April 2022 (2 days)

Single room: PLN 440

Double room: PLN 640

Triple room: PLN 960

Apartment for 3 guests: PLN 1020

Apartment for 4 or 5 guests: PLN 1100

Breakfast and dinner included.

Parking space included.

It is possible to extend the stay and enjoy an additional 20% discount. For more information please contact the property by phone: +48 18 471 61 36 or by email: repcja@apartamentyrenesans.pl.

Partnerzy Wyścigu



